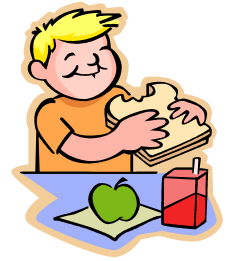




St. Johns School, Waterloo

Hot Lunch Menu

August/September 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Aug. 17 Chicken Smackers Peaches	Aug. 18 Hot Dogs or Brats Hot dog buns Baked beans Applesauce	19
Fat free chocolate & 1% white milk - fresh fruit & vegetables offered daily!						
20	Aug. 21 Chicken Patties Hamburger buns Mixed fruit	Aug. 22 Nachos Tortilla chips Corn Peaches	Aug. 23 Lasagna Casserole Garlic bread Pears	Aug. 24 Chicken Stir Fry Rice Pineapple tidbits	Aug. 25 Fish Sticks Mandarin oranges	26
Fat free chocolate & 1% white milk - fresh fruit & vegetables offered daily!						
27	Aug. 28 Hamburgers Hamburger buns Baked beans Applesauce	Aug. 29 Tacos Taco shells Corn Mandarin oranges	Aug. 30 Roast Turkey Dinner rolls Pears	Aug. 31 Chicken Nuggets Peaches	Sept. 1 NO SCHOOL	2
Fat free chocolate & 1% white milk - fresh fruit & vegetables offered daily!						
3	4 Labor Day! NO SCHOOL	5 Chicken Smackers Pineapple tidbits	6 Breakfast for Lunch Diced ham Scrambled eggs Tater tots Pancakes Applesauce	7 Subs Hoagie buns Peaches	8 Pizza Mixed fruit	9
Fat free chocolate & 1% white milk - fresh fruit & vegetables offered daily!						
10	11 Rib-A-Ques Hoagie buns Applesauce	12 Chicken Teriyaki Rice Pineapple tidbits	13 Spaghetti Garlic bread Peaches	14 Pigs or Dogs Baked beans Pears	15 Sloppy Joes Hamburger buns Mandarin Oranges	16
Fat free chocolate & 1% white milk - fresh fruit & vegetables offered daily!						
17	18 Hot Dogs or Brats Hot dog buns Baked beans Applesauce	19 Chicken Tacos Pears	20 Meatloaf Mashed potatoes Peaches	21 Turkey and Gravy Mixed fruit	22 7th Grade Choice Day!	23
Fat free chocolate & 1% white milk - fresh fruit & vegetables offered daily!						
24	25 Chicken Patties Hamburger buns Pears	26 Toasted Cheese Peaches	27 Tater Tot Casserole Bread slices Green beans Applesauce	28 Chicken Alfredo Or Spaghetti Rotini Rotini noodles Pineapple tidbits	29 Mini Corn Dogs Baked beans Mixed fruit	30
Fat free chocolate & 1% white milk - fresh fruit & vegetables offered daily!						

* PB & J sandwiches, hard boiled eggs, and cheese sticks are offered daily as an alternative.

* All breads and buns are whole grain.

"This institution is an equal opportunity provider and employer"